

## Scheme of Analysis for Early Recollections by Yvonne Schürer and Nani Wirth (adapted from Else Andriessens)

Name .....

Year of Birth .....

Date of Assessment .....

World / Environment	Human Beings	Behavior and Thoughts of the Child
Argument my raincoat	<p>My father starts to get authoritarian and tells me what to do.</p> <p>He says: Well go on then.</p>	<p>I say: Then I'm off. I'm going to run away now!</p> <p>I think: Well now I have to.</p> <p>I grab my raincoat and run off.</p>
Garden It's dark and cold bush	No-one comes to look for me.	<p>I sit in the garden under a bush and look out.</p> <p>I then go back inside.</p> <p>I sneak around the corner, into the room.</p>
It's time for dinner. Table	<p>Momm says in a normal voice:</p> <p>Ah, there you are.</p> <p>It's time for dinner.</p> <p>We all sit at the table.</p>	

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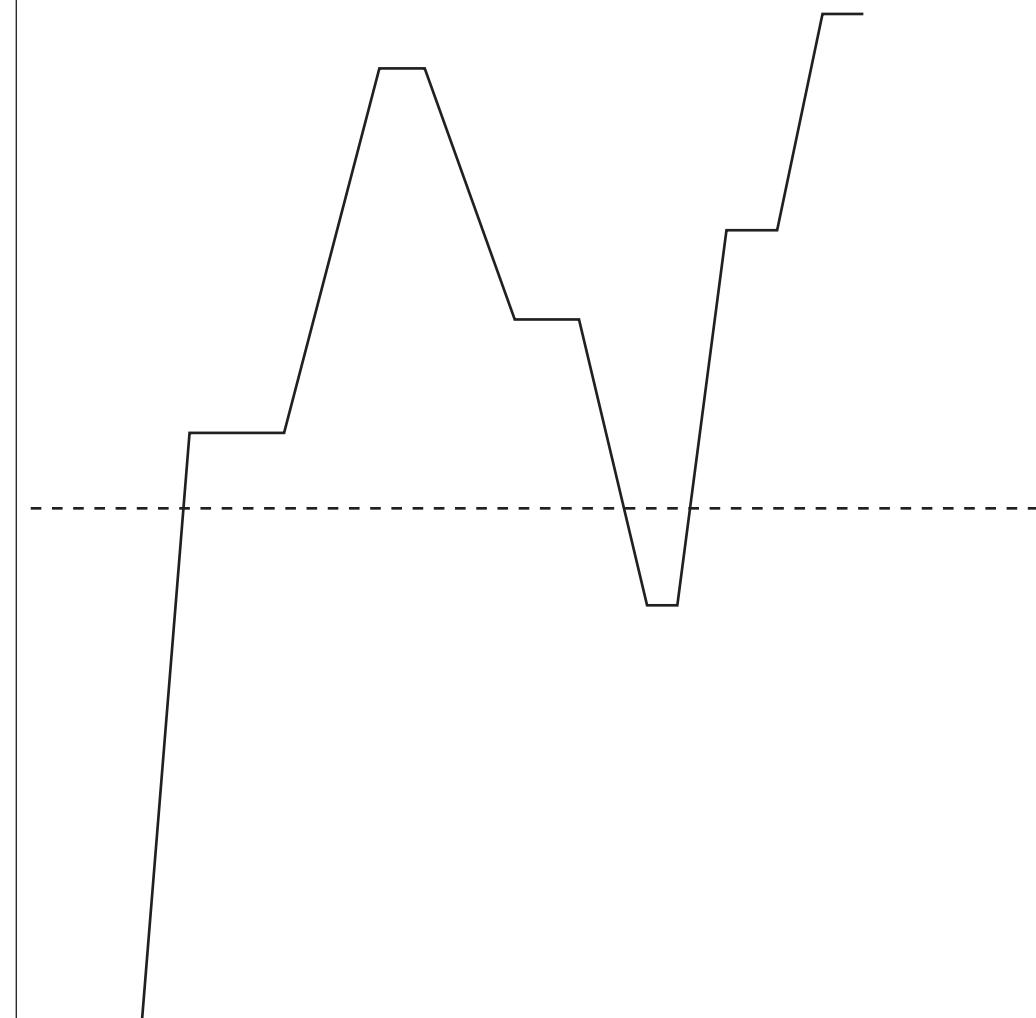
Emotions of the Child	Title	Wishes
<u>Angry</u> , because he acts arrogantly and treats me badly.	My raincoat is my best friend	That we didn't provoke each other so much.
<u>Defiant</u>		
<u>Fear of my own courage</u>		
<u>Irate</u> , that my anger dragged me under the bush		
<u>Proud</u> , that I went out		
<u>Glad</u> , that it is my mother I see on my return and not my father		
<u>I feel OK.</u>		

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## Life Dynamics



## Self-assessment

I don't agree with my father, but can't stand up to him. He doesn't treat me as a grown up.

I withdraw myself from him. My father cannot hold me back. I am frightened by my own courage because I am now forced to act.

Carried by my courage and proud of my actions I can live temporarily in independence. I'm glad I showed him what I'm prepared to do.

Unfortunately, I deduce that I am dependent and have to go back.

I'm relieved that everything goes back to the way it was.

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## Relation to the Present

I really have a good sense of how my partner treats me. I notice if he puts his wishes forward in a dictatorial/authoritarian manner, without taking my feelings into account. But I find it hard to stand my ground and get my needs met. I don't trust myself enough to rely on my feelings. He is always so strongly convinced he is in the right that I begin to doubt my own point of view.

I have already ended our relationship a couple of times. Because he didn't come to take me back I went back to him on my hands and knees.

Often I believe that someone else knows better than me.

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**Personal Strengths**

When I take something on I put all my courage into what I am doing, to see it through.

I fight my corner when things are not right for me.

I am consistent.

When I have overstretched myself, reason wins out and I make concessions.

I am reasonable and can make concessions.

**Contribution to the Community**

I strive for equality in relationships with others.

I don't want to win at any price:  
Connection with others is the most important thing to me.